

Athlete Contract

This Agreement between **Dfine LLC** and (athlete name)_____, is an agreement regarding the relationship for strength & conditioning training.

Services for training are based on a series of trainings per session noted below. The trainings are scheduled in 1 hour time slots. A 24 hour notice is asked for all cancellations.

Team Training: 8 week 2x a week training program- \$262.80

Personal Training @ Studio: 1 hr. training \$43.80 6-1 hr. \$247.048 1 hr. trainings \$315.36

****all training session have a .095% sales tax already added.**

Payment for sessions are to be paid before the 1st training. If the athlete does not fulfill all of their trainings before the allotted expiration date a refund will not be available.

Session Notes:_____

All personal training information that is exchanged between the athlete and **Dfine LLC** will be kept confidential and will not be disclosed to any outside entities without athlete or parents' consent.

Parent/Guardian if athlete is under 18 years

Athlete

Date:_____

Date:_____

Dfine LLC (Julene Barrett)

Date:_____